

Words of Welcome, Happy and Healthy in Hull

Ideas for teachers and a sample lesson

Here are some ideas for how teachers can use our magazine to enhance students' understanding of health topics and improve their English skills.

Please send share your ideas/worksheets to wordsofwelcome@outlook.com and we will put a selection on our website.

A. Vocabulary Activities

1. Notebook Dictionary/Glossary

- Have students create a personal health dictionary, writing down new health-related words with their definitions (with the help of a dictionary) and translations.

2. Synonym Search:

- Choose specific health-related words and find synonyms in a thesaurus to expand vocabulary.

3. Memory Game ("I went to the..."):

- Play "I went to the chemist/supermarket and I bought..." to reinforce vocabulary related to health and healthy foods.

4. Puzzles and Word Games:

- Create or have students create puzzles, crosswords, or word searches based on health topics from the magazine.

5. Adjective Replacement:

- Identify adjectives in magazine stories and replace them with synonyms to understand nuances in meaning.

B. Role-Playing Health Scenarios

1. Story Acting:

- Act out stories from the magazine to enhance comprehension and speaking skills.

2. Health Problem Cards:

- Use cards with health issues for students to role-play as patients and health professionals, giving and evaluating advice.

3. Interview Role-Play:

- Choose a story and have students interview the characters to create a mock radio or TV report.

- Do mock interviews for health-related jobs.

C. Health Experts Q&A

1. Guest Speaker Sessions:

- Invite health professionals to the class and have students prepare and ask questions about their jobs and how they got their jobs.

D. Discussion Activities

1. Story Discussion and Quiz:

- Discuss magazine stories, then students close the magazine, write questions and quiz each other in teams, with points awarded for correct answers.

2. Cultural Comparison Essays:

- Discuss and write comparative essays on how health stories might differ in students' home countries.

E. Grammar Exercises

1. Tense Analysis:

- Identify and discuss the use of different tenses in magazine stories and explain why they were used.

2. Future Tense Predictions:

- Write predictions about what will happen next in the stories using the future tense.

3. Past Tense Rewriting:

- Rewrite the stories in the past tense.

4. Dictation Practice:

- Conduct group dictation exercises using magazine content to practise spelling and punctuation.

F. Creative Writing

1. New Health Stories:

- Write new health stories (real or imaginary) and send them to wordsofwelcome@outlook.com.

2. Comic Strip Creation:

- Write and draw a new comic-strip story in groups.

3. Alternative Endings:

- Rewrite the stories with alternative endings.

4. Collaborative Story Writing:

- Each student writes a sentence, then passes the paper to the next student, who writes the next sentence, and so on.

5. Story Summarisation:

- Summarise the stories in 50 words.

6. Problem Page Creation:

- Create a magazine problem page where students write health-related questions and answers.

7. Newspaper Article Writing:

- Choose one of the stories and write a newspaper article about it.

8. Health Posters/Infographics:

- Design health posters or infographics and display them in the classroom.

9. AI-Assisted Stories:

- Use AI to write an illustrated health story.

G. Health Topic Research

1. Team Research Projects:

- Form teams, assign each team a health topic, or health job to research. Have them report their findings back to the class or make a poster about the topic.

H. Sample Lesson

1. Here are 4 lessons (high, medium, beginner, complete beginner level), based on the story *Mehdi goes to the dentist*.

Mehdi goes to the dentist' (HIGH p1)

- Write 5 words about going to the dentist:
- In pairs, try to write the photo story in the blank boxes on the next page.
- This is the real story. Which dialogue goes in which box? Who says it?

number		Who says it?
	Thank you. See you tomorrow.	
1	Good morning. I have got very bad toothache, but I can't get an appointment.	patient
	Good afternoon. My name is Mr Mehdi Kamiri. I have an appointment at 3.30pm.	
	Thank you.	
2	Hello. I'm sorry we don't have any appointments. You can phone 111 for urgent dental problems.	receptionist
	I have made an appointment for you at 3.30pm tomorrow. You can get painkillers at the pharmacy.	
	Mehdi, please come to Room 3.	
	Hello. Please can you show me evidence that you're entitled to free NHS treatment.	
	Here's some information about looking after your teeth.	
	You have a cavity in your tooth. I'm going to give you a filling. I'll give you an injection for pain relief.	
	Brush your teeth two or three times a day, like this.	
	On his way home, Mehdi buys things to help to keep his teeth healthy.	x

- Choose the missing words, to tell Mehdi's story in the past simple tense:

Last Wednesday Mehdi 1. F very bad toothache. He 2. G lots of dentists, but he 3. _ not get an appointment. So he 4. _ 111. He 5. lucky because he 6. _ an appointment for the next day. He 7. painkillers. The next day, he 8. _ to the dentist's. The dentist 9. _ a cavity in his tooth, so he 10. _ him an anaesthetic and a filling. His treatment 11. _ free. On his way home, Mehdi 12. _ to the supermarket and he 13. _ things to help to keep his teeth healthy.

- A. bought
- B. could
- C. found
- D. gave
- E. got
- F. had
- G. phoned
- H. phoned
- I. took
- J. was
- K. was
- L. went
- M. went

Mehdi got a cavity in his tooth, because he ate too many sweet things.

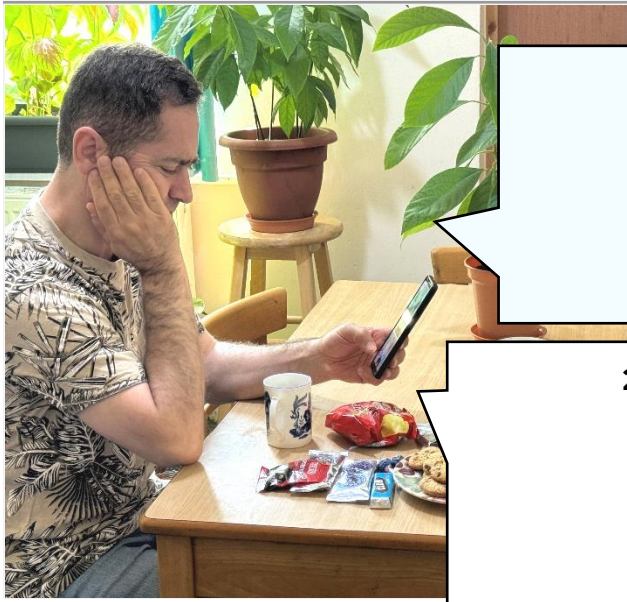
- Underline the things which are good for teeth.
- Circle the things which are bad for teeth.

chocolate apples armilk yrbiscuit sehgs sugarna uytooth pastef cheese crisps adbiscu
agebiscuits ental flosser stwater jr sowrj fsweets jiegatooth brush adsf fizzy drinks feag

Talk about:

- Ask your friends: Have you ever been to the dentist? Ask them about what happened (When did you go, how did you feel etc).
- Compare going to the dentist in Hull and going to the dentist in your country.
- Do you have to pay to go to the dentist in Hull?

Mehdi goes to the dentist (HIGH p2)



1

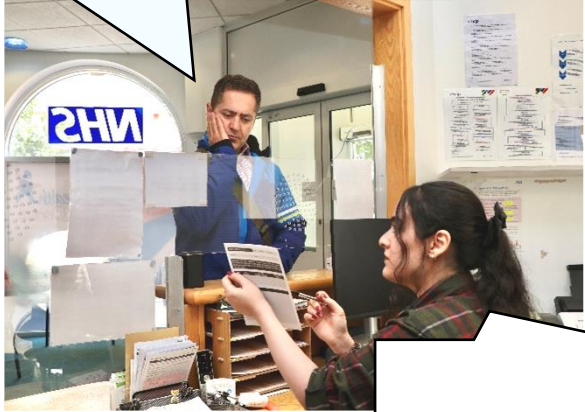
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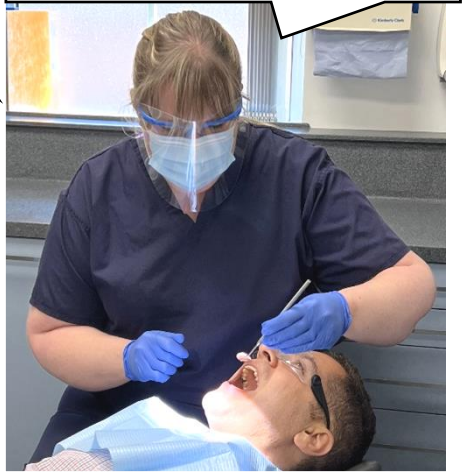
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6



7



8

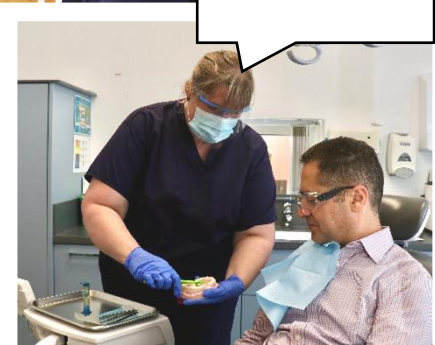
10



9



11



12



Mehdi goes to the dentist (MEDIUM p1)

- Write the words in the gaps

1. 111
2. 3.30pm
3. afternoon
4. appointment
5. brush
6. cavity
7. day
8. filling
9. free
10. healthy
11. information
12. injection
13. name
14. pharmacy
15. room 3
16. thank
17. tomorrow
18. tomorrow
19. toothache
20. urgent

- Choose the missing words, to tell Mehdi's story in the past simple tense:

Last Wednesday Mehdi 1. F very bad toothache. He 2. G lots of dentists, but he 3. _ not get an appointment. So he 4. _ 111. He 5. _ lucky because he 6. _ an appointment for the next day. He 7. _ painkillers. The next day, he 8. _ to the dentist's. The dentist 9. _ a cavity in his tooth, so he 10. _ him an anaesthetic and a filling. His treatment 11. _ free. On his way home, Mehdi 12. _ to the supermarket and he 13. _ things to help to keep his teeth healthy.

- A. bought
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- G. phoned
- H. phoned
- I. took
- J. was
- K. was
- L. went
- M. went

Mehdi got a cavity in his tooth, because he ate too many sweet things.

- Underline the things which are good for teeth.
- Circle the things which are bad for teeth.

d chocolate f apples a r milk y r biscuit s e h g s u g a r n a u y t o o t h p a s t e f c h e e s e c r i s p s a d
a g e b i s c u i t s e n t a l f l o s s e r s t w a t e r j r s o w r j f s w e e t s j i e g a t o o t h b r u s h a d s f f i z z y d r i n k s f e a c

- Put the words in the correct order, to makes sentences:

we any appointments. don't have sorry I'm

I you have made an at 3.30pm tomorrow for appointment.

tooth. have You your in a cavity

some looking after your Here's about teeth. information

Talk about

- Ask your friends: Have you ever been to the dentist? Ask them about what happened (When did you go, how did you feel etc).
- Compare going to the dentist in Hull and going to the dentist in your country.
- Do you have to pay to go to the dentist in Hull? Why/why not?
- Would you like to work as a dentist? Why/why not?

Mehdi goes to the dentist (MEDIUM p2)



Good morning. I have got very bad _____, but I can't get an _____.



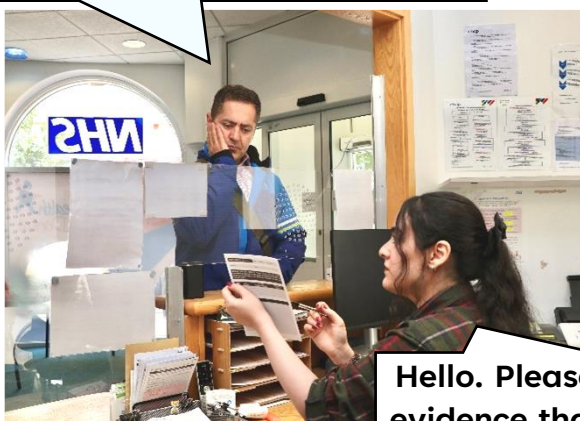
I have made an appointment for you at 3.30pm _____. You can get painkillers at the _____.

Hello. I'm sorry we don't have any appointments. You can phone _____ for _____ dental problems.



Thank you. See you _____.

Good _____. My _____ is Mr Mehdi Kamiri. I have an appointment at _____.

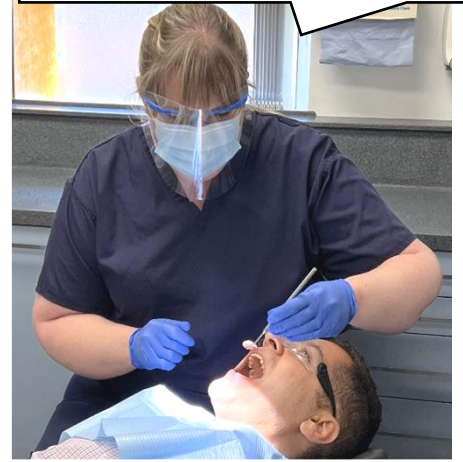


Hello. Please can you show me evidence that you're entitled to _____ NHS treatment.

Mehdi, please come to _____.



You have a _____ in your tooth. I'm going to give you a _____. I'll give you an _____ for pain relief.

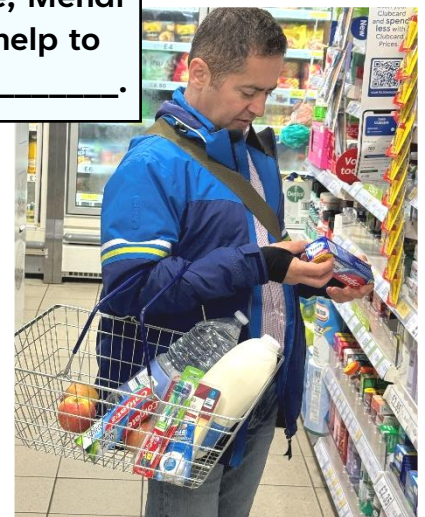


_____ your teeth two or three times a _____, like this.

Here's some _____ about looking after your teeth.



On his way home, Mehdi buys things to help to keep his teeth _____.



Mehdi goes to the dentist (BEGINNER p1)

- Where is it? (which picture?)

basket 10	door	patient	receptionist
chair	gloves	pen	toothbrush
dentist	mask	phone	waiting room

- Where is Mehdi? (which picture?)

Mehdi is outside the dentist's.	9	Mehdi is at the reception.
Mehdi is in the dentist's room.		Mehdi is in the supermarket.
Mehdi is at home.		Mehdi is in the waiting room

- What is Mehdi doing? (which picture?)

He is making a phone call.	1 2	He is shopping.
He is sitting in the waiting room.		He is leaving the dentist's.

- Cover the story. Put the words in the correct order.

1. My name is Mr Kamiri.	My name is Mr Mehdi Kamiri.
2. I have a very bad toothache.	
3. I will come to the dentist tomorrow at 3.30pm.	
4. I have an appointment at 3.30pm.	
5. You have a cavity in your tooth.	
6. Brush your teeth 2 or 3 times a day.	

- Mehdi got a cavity in his tooth, because he ate too many sweet things.
Now, he buys things which are good for his teeth.
He doesn't buy things which are bad for his teeth.

apples	chocolate	milk	toothpaste
biscuits	crisps	sugar	water
biscuits	dental floss	sweets	
cheese	fizzy drinks	toothbrush	

Mehdi buys	Mehdi doesn't buy
apples	cheese

yes or no?

1. Mehdi has very bad earache.	no
2. Mehdi's appointment is at 3.30am.	
3. Mehdi can get painkillers at the pharmacy.	
4. Mehdi has a filling before the injection.	
5. Mehdi buys sweets in the supermarket.	

- Talk about

1. Have you ever been to the dentist in Hull?
2. Do you have to pay to go to the dentist in Hull?
3. Do people like going to the dentist?
4. Would you like to be a dentist?

Mehdi goes to the dentist (BEGINNER p2)



1

Hello. My name is Mr Mehdi Karami have very bad toothache.

Good morning. Come to the dentist at 3.30pm tomorrow.



2

You can get painkillers at the pharmacy.



3

OK. Thank you.

Hello. My name is Mr Kamari. I have an appointment at 3.30pm.

Mr Kamari, come to room 3 please.

You have a cavity in your tooth. I will give you an injection and a filling.



4



5

Good afternoon. Sit in the waiting room please.

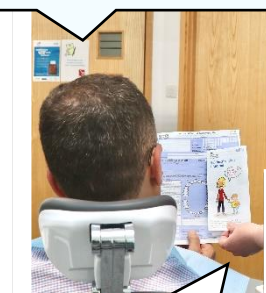


6

Thank you.

Brush your teeth 2 or 3 times a day.

I will buy things to keep my teeth healthy.



7



8

Here is some information about teeth.



9



10

Mehdi goes to the dentist (COMPLETE BEGINNER P1)

- Listen to the words. Say the words. Trace and copy the words

toothache



appointment



receptionist



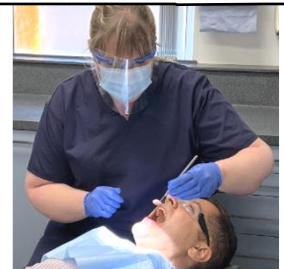
reception



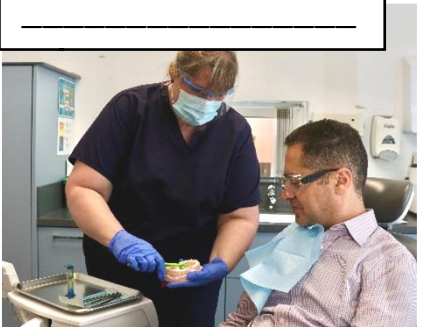
waiting room



dentist



toothbrush



supermarket



basket

- Listen to the sounds. Say the sounds. Trace the letters. Listen to the words. Say the words. Write the missing letters.

a	e	k	s	sh	t	oo	th	r
too _ _ ache			_ ppointment			receptionis _		
_ eception			waiting r _ _ m			d _ ntist		
toothbru _ _			supermar _ et			ba _ ket		



(COMPLETE BEGINNER P2)
 Mehdi bought things which are good for his teeth
 Listen to the words. Say the words. Trace and copy the words.

apples

cheese

dental floss

milk

toothbrush

toothpaste

water

r	m	i	l	d	e	n	t	i	s	t
e	m	i	l	k	m	w	m	m	i	o
c	m	i	l	k	i	a	i	i	l	o
e	b	a	s	k	e	t	l	l	k	t
p	e	k	m	i	l	e	k	k	c	h
t	o	o	t	h	b	r	u	s	h	p
i	m	i	l	k	m	i	l	k	e	a
o	m	i	l	k	a	p	p	l	e	s
n	m	i	l	k	m	i	l	k	s	t
t	o	o	t	h	a	c	h	e	e	e
s	u	p	e	r	m	a	r	k	e	t

Write the missing letters. Find the words. How many times can you find the word milk?

- | | |
|------------|--------------|
| _ pples | _ upermarket |
| _ asket | _ oothache |
| _ _ eese | _ oothbrush |
| _ entist | _ oothpaste |
| _ ilk | _ ater |
| _ eception | |

Talk about

- Do you have a dentist in Hull?
- How many teeth do you have?
- When can you phone III?